

BREAKING BARRIERS



**INCREASING WOMEN'S REPRESENTATION
IN POLICY MAKING, LEADERSHIP
AND DECISION MAKING**

VAMA

A large, stylized illustration of a hand holding a pair of scissors, positioned in the upper right corner. The scissors are cutting through several thick, red, diagonal lines that span across the lower half of the image. The background is a solid teal color.

**WOMEN'S DEVELOPMENT CELL,
VASANTA COLLEGE FOR WOMEN,
RAJGHAT, VARANASI.**

CELEBRATING INTERNATIONAL WOMEN'S DAY
ON
BREAKING BARRIERS

A stylized illustration of a woman with long dark hair, wearing a red t-shirt and light blue pants, running towards the left. She is holding a black folder or book under her arm and a small object in her right hand. The red lines from the scissors above are crossing over her, symbolizing breaking barriers.

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WOMEN'S DEVELOPMENT CELL AT A GLANCE

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FROM THE PRINCIPAL'S DESK

I am extremely happy and proud of the Women's Development Cell of the College for launching the Volume IV of the E-Magazine VAMA on the occasion of International Women's Day. This gives a platform to students' creativity and reflects their thoughts, opinions, aspirations and vision for the future. All the faculty members and student representatives of Women's Development Cell have indeed done hard work and a commendable job. I am sure the forthcoming issues with each passing year will take the talent of students to the advance level. I appreciate the initiative and look forward to the forthcoming issues. With best wishes...

Prof. Alka Singh
Principal
Vasanta College for Women
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Rajghat, Varanasi



COORDINATOR'S NOTE

It gives me immense pleasure to present before you the 4th Volume of VAMA, an annual e- magazine of the Women's Development Cell, Vasanta College for Women, Rajghat, Varanasi. The e-Magazine aims at promoting the ability of critical thinking and creative writing in students by giving them a platform to express their ideas, perspectives and experiences. This e-Magazine is fully a students' initiative, student members of the Women's Development Cell take charge of all responsibilities related to publication of the e- Magazine- collection of write-ups, compilation, editing and designing.

The theme chosen for the present Volume: Breaking the Barrier: Increasing Women's Representation in Policy Making, Leadership and Decision Making is very relevant in the context of the present emphasis on Women led Development. Women's representation in the legislative assemblies, executive committees as well as boardrooms would certainly lead to inclusion of their issues and perspectives resulting in gender sensitive policies and programmes.

The present Volume of the e-magazine has been planned with the objective to encourage the young minds to reflect on the significance of women's representation and participation in policy making process and decision making bodies and to explore the challenges and opportunities for women's leadership in the present times.

I congratulate the whole team for working relentlessly to complete this mammoth task. My best wishes to the contributors and the editorial team. I also express my gratitude to the Principal of our College for her constant support and guidance.

Prof. Preeti Singh

Coordinator

Women's Development Cell

Vasanta College for Women, Rajghat,
Varanasi

Voices that Matter

A society thrives when its decisions reflect the voices of all its people, yet for too long, women's voices have been sidelined in the rooms where power resides. The women were perceived to be 'good' or 'ideal' as long as they listened, but the same woman can be titled as 'rebellious' if she wants to make the decision of her own life. The society is conditioned in such a way that women have been perceived as 'beti, bahu and maa' but not as an 'individual' with individuality.

True progress begins when women are not just heard but also empowered to lead and decide. One of the ways to attain the 5th SDG is also to make them an integral part of the policy making process in the public sphere. The UNDP's Gender Social Norms Index (GSNI), 2023 has underscored the significant obstacles that women and girls confront in realizing their potential, which are deeply rooted in social norms. UN Women notes that under the current trajectory, it will take 130 years to achieve gender equality in the highest positions of power. The march towards equal participation has been agonizingly slow.



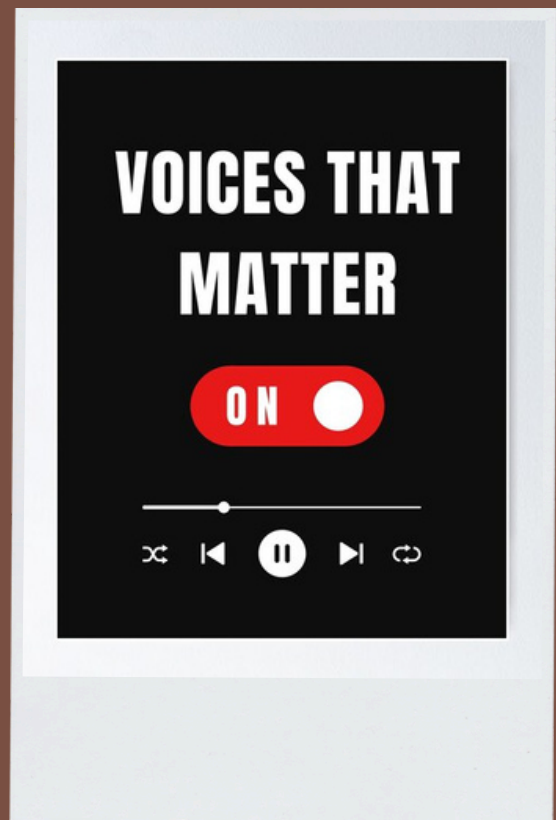
Adisha Goswami
MA Political Science
(First Year)

The policy of universal adult franchise has been in the active role since the formation of India as an independent nation. The voting turnout of men and women has matched only from the 2014 election to the Lok Sabha, though it has not reached 70% for both the genders even after the 75 years of independence. The 73rd and 74th amendment has been marked as significant as it has mandated the 33% of reservation to women in the panchayats and the municipalities, but what has been the actual role played by women in this process as in many states it was found that their "Sarpanch Pati"s are in the business of running the offices.

The Women Reservation Bill, 2023 has been passed after being lapsed and rejected by many times in the Houses of the Parliament, but is it really going to make women represented at the national level? How many women are aware about the provisions of the Bill? How many women are really interested in coming into the direct political sphere?

The reservation can be one of the means, but not the only way to make the unheard to be heard. Along with these types of affirmative policies the actual need is to make this category aware that they are also an integral part of the society. They are born not only to listen and follow, rather they are the 'free individual's to design their own life. Only after realizing their self- worth, they would be prepared to represent and lead.

Society is nothing but the associations of people and their thoughts. If the changes can be brought in at the individual level, the societal norms will also change at a point of time. The progress of the society resides not only in capturing the ancient presumptions and prejudices rather in moulding positively with the time.



Women can flourish only when they are ready not to be 'conditioned' by the barriers and an inclusive development of the society is possible only when all the sections of the society have the similar position on the table of representation and leadership.



Breaking Barriers

Women have played a crucial role in shaping societies, yet their contributions in leadership and decision-making remain underrepresented. Despite their ability to lead and challenge societal norms, systemic barriers hinder their full participation in governance. Ensuring gender inclusivity in decision-making is essential for progress.

Historically, women were confined to domestic roles, limiting their political participation. However, pioneers like Sarojini Naidu, Annie Besant, Durgabai Deshmukh, and Aruna Asaf Ali played a transformative role in India's freedom struggle, paving the way for future generations in governance and policy-making.

Despite progress, women remain significantly underrepresented in leadership. Socio-cultural biases, gender stereotypes, financial constraints, and institutional barriers continue to discourage female participation in politics. Global statistics reveal that the number of women in key political positions is disproportionately low, affecting policy diversity and inclusivity.

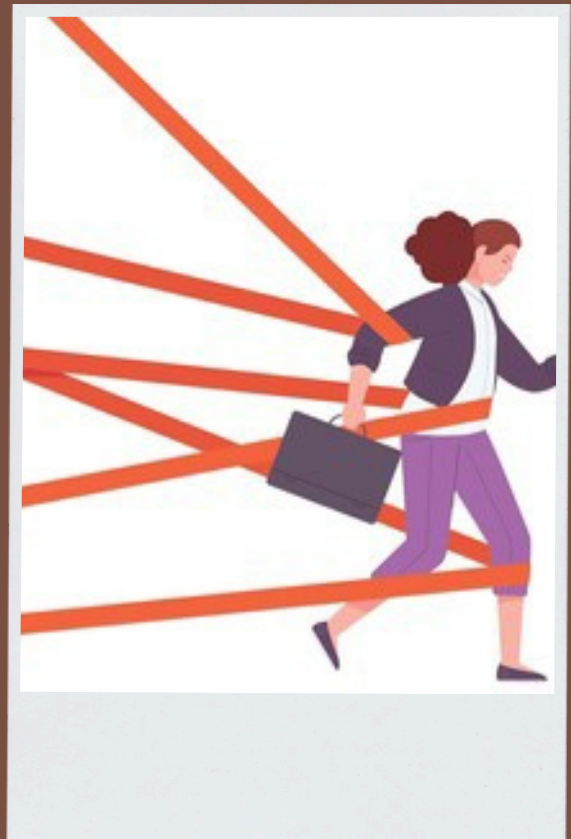


Akansha
MA English
(Second Year)

Women's representation in policy-making is vital. Female leaders bring diverse perspectives, prioritizing issues like education, healthcare, and social welfare. Studies show that nations with greater female participation in governance have more equitable policies and improved development indices. As Arundhati Roy aptly states, "A political struggle that does not have women at the heart of it, above it, below it, and within it is no struggle at all".

To bridge this gap, several measures are necessary. Gender quotas and reservations can ensure fair representation in legislative bodies. Educational and leadership programs can equip women with the skills and confidence needed for public office. Policy reforms should provide financial and institutional support for female candidates, and fostering a culture that challenges gender biases from an early age is crucial.

The contributions of lesser-known female freedom fighters like Matangini Hazra, Kamaladevi Chattopadhyay, Kanaklata Barua, Rani Gaidinliu, Usha Mehta, and Tara Rani Srivastava highlight women's resilience and leadership potential. As Radha Kumar notes in *The History of Doing*, women's roles in movements have been crucial yet often marginalized. Recognizing their contributions is key to dismantling systemic inequalities.



Breaking barriers in leadership is not just about increasing numbers but ensuring diverse voices shape policies that impact society. True progress lies in creating an inclusive framework where women can lead without limitations. History has shown that when given the opportunity, women not only lead but transform nations.



The Perfect Rose

A perfect rose with perfect petals
Keep it secure, keep it settled,
The beauty mustn't lose its show
because everyone likes to play
Romeo.

And there ain't anything like the rose
to present it to someone close,
So the thorns shall be on guard,
and protect the perfect rose,
unarmed.

And the petals should stay put,
with calm breath and a soft look,
Truth needs to be buried deep within,
The rose must learn to lie without a
flinch.

But the perfect rose is tired now
It lets the petals scatter around
from oblivion to something new
they aren't perfect anymore, just true.

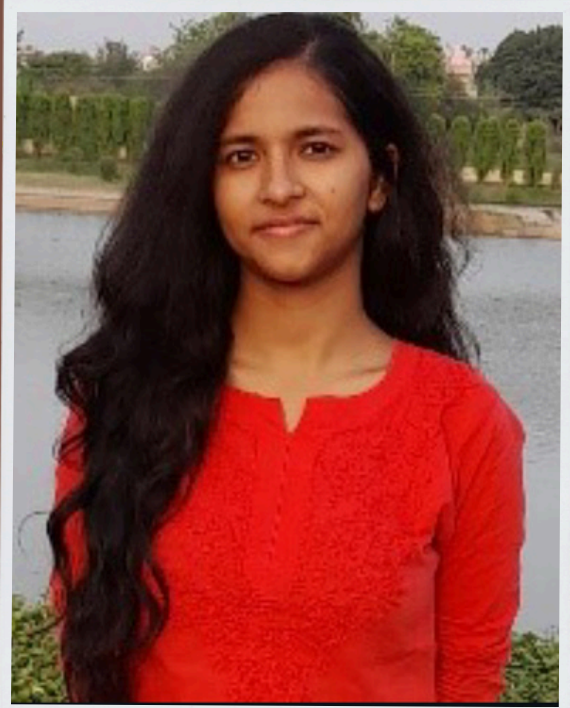


Akshita Agrawal
MA English
(Second Year)



She Walked, So We Could Run

They called her defiant—
when Sojourner stood and asked,
Ain't I A woman?
when Susan B. Anthony cast a vote,
they would not count,
when Indira spoke in rooms full of
men
who never thought she belonged.
They called her dangerous—
when Rosa sat where she was told
not to,
when Malala raised her voice for
those silenced,
when Ellen Johnson Sirleaf led a
nation
that once believed leadership had
only one face.
But history does not remember
silence.
It remembers the ones who stood,
the ones who spoke,
the ones who shattered ceilings with
steady hands
So others could climb higher.



Anushka Ranjan
MA English
(Second Year)

Now, we carry their names in our steps,
their battles in our breath,
their victories in our voices.
No longer asking, no longer waiting,
we step forward—
not as symbols, not as exceptions,
but as leaders, decision-makers,
as the future they fought for.
Their footsteps echo behind us,
but our path stretches ahead—
clearer, wider, unstoppable.
We belong.

Breaking Barriers

They built walls from tradition,
ceilings of glass so thick
we saw only our reflections—silent,
waiting.

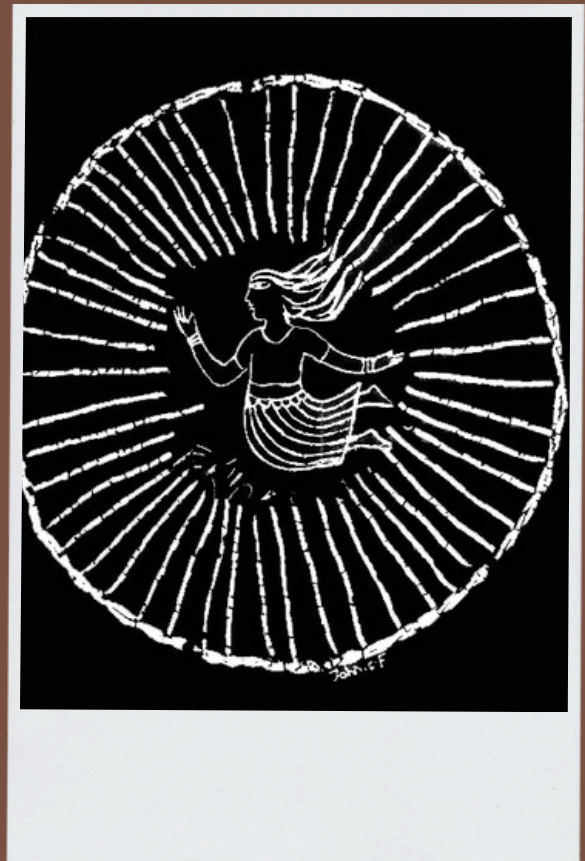
But we are not echoes.

We are voices rising,
filling the rooms where futures are
shaped.

No longer asking, no longer waiting,
we pull up our own chairs,
rewrite the script,
reshape the table.

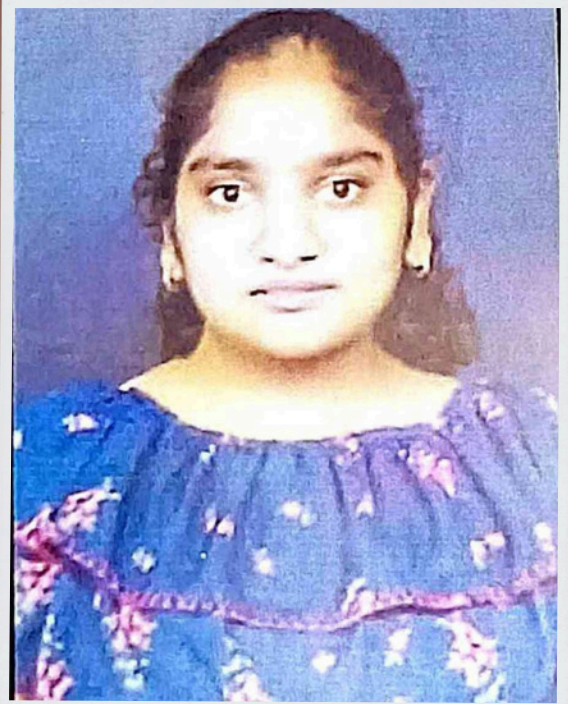
Not tokens, not symbols—
leaders, decision-makers, equals.

The barriers crumble,
not with quiet requests,
but with the force of a world
finally learning what it should have
always known—
that “We” belong.



Women's : Two souls.

Gazing star , in moonlight
The brain got hold, on something
expressive ;
A voice rose from the warrior,
To protect the doves of the mighty
universe.
Warriors are the queen, who battle
with all & self, struggling with
sacrifices they made ;
Doves are like white lilies , embellishing
the purity of the soul.
Queens are lioness, doves are moon,
both -
Had the empowerment to give you the
enlightenment of venus,
Pulled by the chariots of swans.



Anushree Agarwal
MA English
(First Year)



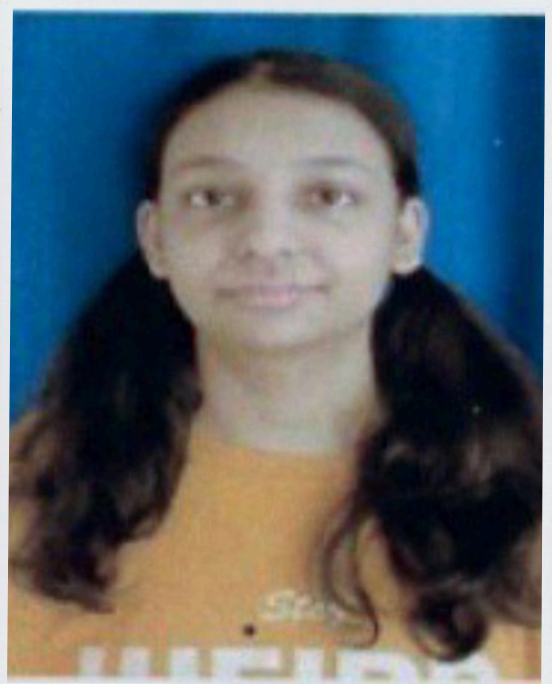
Subha ki Chai

My father called me in the morning
Even before the alarm could
Now you will be asking why??
Well a simple answer
It's time for Subha ki chai

Milk, water, ginger and tea leave
Boiling in the pot
As I watch over it by the stove
To be honest half asleep

But one morning I couldn't
I stayed up late
And made my father wait and wait
He kept calling
But I was under the blankets snoring

That day you see
I watched a different narrative
before me
Silent treatments, my duties and
responsibilities
All came to play
How did boiling milk and grass
became a question of my
capabilities?
I couldn't say



Astha Mishra
BA Arts
(Second Year)

My father cooks (while complaining
why my mother isn't)

My mother wants me to be
independent (while my brother still
doesn't know how to take his own
meals out from the kitchen)

My father wakes up first and just
waits

Why he can't go and make himself
a cup?

Is a question that is something of a
rage bait

See I don't have a problem with
the Subha ki chai

But just a question when did it
became my responsibility and why?



Breaking Free

The chaos of the day break
A new day dawns with a new
beginning in sight
A new life that entices,
Gives me a chance to be free
Yet the old me holds me back.

Memories of the past linger on,
An unsettling heaviness settles on the
heart,
Of a burden long gone
A shadow so deep which haunts me
still
And refuses to let me sleep



Khushi Binani
MA English
(First Year)

I try to break free, to feel alive
To leave the person I have been
But the chains of the past are so
fierce
They trap me in the darkness of
misery

But with each new morn, a
fragment of hope appears,
A chance to break free, to be alive
I take deep breaths and look
around
Ready to let go of all my fears

Bit by bit the terror disappears
And I see the life I seek for
The chains are now weak and
hearts merry
I am free, free at last.

A seat at the table

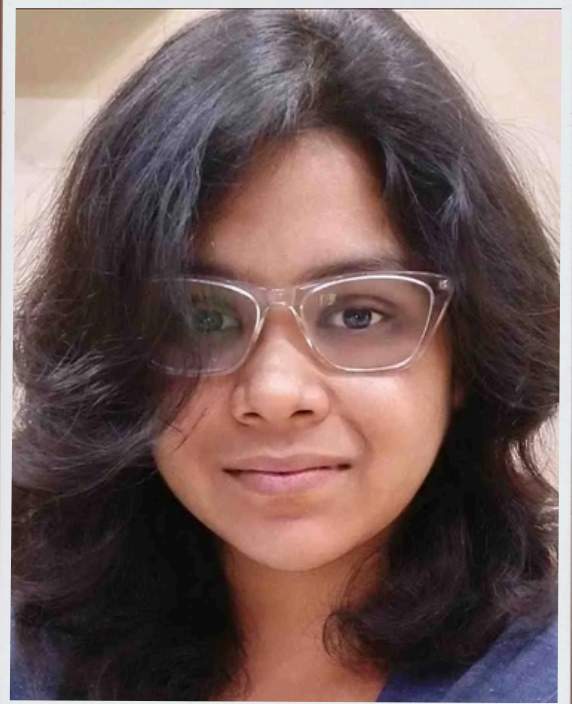
Dinner tables have always been political, not in a boisterous revolutionary sense but in the subtle, unchallenged manner in which power takes a seat and claims it as its own.

At dinner, the table is not merely furniture—it is a symbol, a subtle declaration of power, of place, of belonging.

A long, rectangular table, the head of which is always reserved for the patriarch, enforces an old hierarchy: the father, the grandfather, the eldest son—each taking the seat as if it were a throne, as if the right to rule were encoded in the wood itself.

But why should a meal require a ruler?

Food, the great equalizer, does not prefer rank. A bread loaf does not bow to the person cutting it, nor a bowl of rice acknowledge it's distributor as lord.



Pritha Ghosh
M.A English
(First Year)

But in all too many homes, the job of serving falls to the women, their hands transferring from pan to plate before they ever bring a spoon to their own mouths. This has always been, we are taught. But does it have to be? A round table will not allow a head. It does not nod its direction toward one individual and indicate, "You are over the others."

It provides instead equal sightlines, equal reach, equal presence. In this way, voices need not travel as far to be heard; no one sits in a first or last position. A round table does not care who is the eldest, who is male, who has earned the right to speak first. It knows something that hierarchy doesn't. It knows that nourishment, both of body and of spirit, is best shared, not dispensed by fiat.

So why is the family so adamant about having a leader? Why does there have to be one voice ringing out louder than the rest? Is it tradition or simply the fear of change?

We don't ask why food exists in infinite variety, why flavors mingle without conflict—sweet tempering sour, spice warming cold.

No food requires mastery of the others. And yet, during dinner, where this lesson would be most palpable, the seating arrangement still hints at dominance, at the one who gets served before others, at the ones who are forced to wait.



Maybe it is time to give up the head seat completely. To substitute the long, shadowy table with a circle in which no one needs to bend their head or shout in order to be heard. To make the meal, as the conversation, something that everyone owns.

For at a round table, every chair is the center one.

WARRIOR WITHIN: A SONG OF COURAGE

They said she couldn't, but her
courage stood tall,
She carved her own path and
answered the call.
They asked her to stop but guided by
her gleams,
She kept on moving and followed her
dreams.

No chains could bind her; she is born
to rise,
With wings of courage and spark in
her eyes.
With clarity and strength, she uses her
voice,
At least let her speak and fulfill her
choice?



Vidushi Mehrotra
MA English
(First Year)

They asked her to obey and bow
down her head,
But with vigor she rose and stood
firm Instead.
Her hands can build, her voice can
lead,
With strength she plants the future
like a seed.

She survived all the odds, the nights
that threatened never to end,
With courage she fought, those
wound that time refused to mend.
A heart full of wanderings a desire
that never came true,
She is a story still writing- of a
woman walking through.

Breaking Barriers

As we mark International Women's Day this year, we stand united under the theme

Breaking Barriers: Increasing Women's Representation in Policy Making, Leadership, and Decision Making.

This powerful message urges us to reflect on the progress made and the challenges that remain in achieving true gender equality. Women have long been at the forefront of change, yet their representation in critical areas of decision-making—whether in politics, leadership roles, or corporate boardrooms—still lags behind.

For centuries, women's voices have been muted or dismissed, and their contributions often overshadowed by systemic barriers. But today, women across the globe continue to break down these walls, challenging norms, and claiming the spaces they rightfully deserve.

From activists advocating for social justice to leaders in government, business, and beyond, women are pushing the boundaries and reshaping the narratives that have traditionally excluded them.



Srishti Madhwani
MA Sociology
(First Year)

Increasing women's representation in leadership roles is not just a matter of fairness; it's a matter of necessity. Diverse leadership leads to more inclusive policies, more innovative solutions, and stronger communities. Women bring unique perspectives and lived experiences that are crucial in crafting policies that benefit everyone. By breaking the barriers that hinder women from stepping into these positions, we are not just improving gender equity, but we are strengthening the fabric of society itself.

This Women's Day, let us commit to amplifying the voices of women, especially those in underrepresented sectors, and ensuring that leadership is truly reflective of the world we live in. The future is one where all women, regardless of their background or circumstance, can break barriers, lead with confidence, and drive change. Together, we can create a world where women's representation in policy making, leadership, and decision-making is no longer the exception, but the rule.



She with pair of Wing

Let the wind whisper in her ear,
along with the chirping sound over there.

It says you fly girl
with wings of strength
in the sky of dreams
conquer it all with thy wings.
Thy wings of courage
The courage that comes
from the spark in your heart
rest of the worldly things
You should keep apart.



Srishti Gond
MA English
(Second Year)

Alas! The Society again
Will try to cut thy wings vein
Beware of treacheries
Beware of them
It is the conspiracy
Which cannot be forbidden.
Now she's thinking
Escapism is better here
instead of breathing in fear
But look around and find reality
You have to face it even if it's
ugly and dirty.

National Symposium (8 – 10 May, 2025)

<p>National Symposium</p> <p>On</p> <p>ACHIEVING GENDER EQUALITY IN INDIA : OPPORTUNITIES AND CHALLENGES</p> <p>08-10 MAY 2025</p> <p>Organized By</p> <div></div> <p>Women's Development Cell, Vasanta College for Women, Varanasi</p> <p>and</p> <p>Sri Sathya Sai University for Human Excellence, Karnataka</p>  <p>https://forms.gle/g5WcSToDfgwCTMr79</p>	<p>Blessed by Sadguru Sri Madhusudan Sai Founder, Sri Sathya Sai University for Human Excellence</p> <p>Mentors Sri B N Narasimha Murthy, Chancellor, SSSUHE Prof Srikanta Murthy K, Vice-Chancellor, SSSUHE</p> <p>Patrons Prof D Hanumanth Rao Naidu, Registrar, SSSUHE Prof Alka Singh, Principal, Vasanta College for Women, BHU</p> <p>Convenors Prof Minakshi Biswal, SSSUHE Prof Preeti Singh, VCW Prof Anandan, SSSUHE Dr Yogita Beri, VCW</p> <p>Organising Secretaries Dr Phani Kiran, SSSUHE Dr Rachana Pandey, VCW Dr Akansha Trivedi, VCW</p> <p>Organising Committee Dr Meenakshi, SSSUHE Dr Sandeep Pandey, VCW Dr Anamika Singh, VCW</p> <p>Students' Coordinators Ms Navyashree and Ms Chaya, SSSUHE Ms Rima Mitra, VCW Ms Prashansa Baranwal, VCW</p>	<p>Concept Note ACHIEVING GENDER EQUALITY IN INDIA: OPPORTUNITIES AND CHALLENGES</p> <p>Gender equality is a cornerstone of sustainable development and societal progress. Despite India's constitutional commitment to equality, significant challenges persist in achieving gender parity across various domains. Recognized as both a fundamental human right and a critical foundation for sustainable development, gender equality remains a pressing issue in India's journey since independence. This journey showcases numerous milestones while also revealing areas of stagnation that require urgent attention. As technology becomes integral to daily life, bridging the digital divide is essential to ensure inclusive access and empowerment. Similarly, the symposium will address health disparities, focusing on the unique challenges faced by marginalized genders. Economic discussions will spotlight the rise of the "She-Economy" and the pivotal role of women in driving sustainable economic growth. This symposium seeks to convene policymakers, academicians, practitioners, and activists to deliberate on these key sub-themes, fostering actionable insights and collaborative strategies. It aims to inspire informed solutions for advancing gender equality in India, paving the way for a more equitable and inclusive society. By exploring the multifaceted dimensions of gender equality—celebrating achievements, identifying challenges, and proposing concrete strategies, this symposium endeavours to catalyse meaningful progress.</p> <p>Sub Themes</p> <ul style="list-style-type: none">• Gender Equality in India since Independence: A Historical Perspective• Initiatives for Attainment of SDG Goal 5 in India.• Bridging the Gender Gap in Education• Gender Equality and Technology: Addressing Digital Divide• Gender and Health: Addressing the Needs of Marginalized Genders• Economic Development and Gender Equality: Emergence of She-Economy in India• Women in Politics: Initiatives for Increasing Representation and Voice
<p>Vasanta College for Women (VCW)</p> <p>Vasanta College for Women is one of the oldest colleges of Varanasi (estd. 1913), admitted to the privileges of Banaras Hindu University and runs under the aegis of Krishnamurti Foundation India, a world-renowned foundation devoted to the cause of education.</p> <p>The college is recognized by UGC under section 2(f) and 12B of the UGC Act, 1956. The college incessantly serves the students with knowledge of Arts, Social Sciences, Education and Commerce along with proper emphasis on Indian culture and literature.</p> <p>The college solemnizes the confluence of visionary ideals and objectives of Dr. Annie Besant, Shri Jiddu Krishnamurti and Bharat Ratna Pt. Madan Mohan Malviya. Maintaining its rich legacy for more than a hundred years, the college provides an opportunity to young women for quality higher education and aims to work for an inclusive society.</p>	<p>Sri Sathya Sai University for Human Excellence</p> <p>Sri Sathya Sai University for Human Excellence (SSSUHE), established in 2019 by Sadguru Sri Madhusudan Sai in Karnataka, India, is dedicated to providing free, high-quality, value-based education to students from rural areas. The university emphasizes spiritual growth, academic excellence, and a commitment to community service, aiming to cultivate individuals with compassionate hearts, brilliant minds and competent hands for universal welfare.</p> <p>In March 2023, SSSUHE inaugurated India's first free private rural medical college, the Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSISR), with the Honourable Prime Minister Shri Narendra Modi officiating the ceremony. Later that year, in July, the Honourable President of India, Smt. Droupadi Murmu, graced the University's second convocation, acknowledging its unwavering commitment to free, quality education.</p> <p>The University's dedication has been recognized through numerous accolades, including the IDA Education Award 2024, the Economic Times Education Excellence Award 2024, and the title of Greatest Brand 2023 at the Asia-Africa Business & Social Forum in Dubai. Furthermore, SSSUHE has established academic collaborations by signing Memorandums of Understanding (MoUs) with esteemed institutions such as Emory University (USA), AIIMS (Delhi) and BHU (Varanasi) to advance academic and research initiatives.</p> <p>Beyond academics, SSSUHE ensures that students receive comprehensive support by offering free lodging, boarding, and all daily essentials. This holistic approach underscores the University's mission to integrate India's ancient wisdom with modern science and technology, fostering an environment where human excellence is given equal importance to academic achievement.</p>	<p>Women's Development Cell, VCW</p> <p>Vasanta College for Women is dedicated to the goals of promoting women's education, ensuring gender equality and women's empowerment.</p> <p>The Women's Development Cell is constituted in 2020 with the objective of ensuring gender sensitive environment on the campus as well as in the society. The Cell organizes different academic activities like talks, lectures, workshops and seminars to enable students to reflect critically on gendered structures, processes and policies and to take initiatives towards making of an egalitarian society.</p> <p>The Cell aims at making students aware about the diverse gender issues and needs prevailing in the society. It organizes extension activities and outreach programmes to create such awareness amongst students as well as community outside campus.</p>
<p>Participants Teachers, Researchers, Policy Makers and NGO Members</p> <p>Instruction for abstract submission An abstract of 250-300 words is to be uploaded on Google form by 15th of April 2025. The abstract must include Name, Institutional Affiliation, E-mail and Mobile Number.</p> <p>E-mail id abstractsymposium48@gmail.com</p>	 <p>NO REGISTRATION FEES</p>	<p>ONLINE MODE Online Google Platform timings 2 pm to 4 pm</p> <p>WHATSAPP LINK https://chat.whatsapp.com/CJvE6nP1dqDKOfmepbO1AJ</p> <p>SUBMISSION LINK https://forms.gle/g5WcSToDfgwCTMr79</p> <p>For any query kindly contact 9235550976, 8299223815, 9450527962</p>



On the occasion of
International Women's Day
(8th March, 2025)



DEPARTMENT OF POLITICAL SCIENCE
& WOMEN'S DEVELOPMENT CELL
VASANTA COLLEGE FOR WOMEN
(Admitted To The Privileges Of Banaras Hindu University)
Krishnamurti Foundation India, Rajghat Fort, Varanasi, 221 001





WOMEN'S PARLIAMENT
8th March 2025
महिला संसद





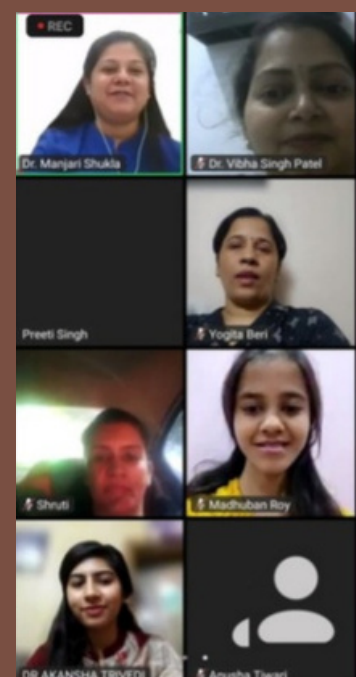
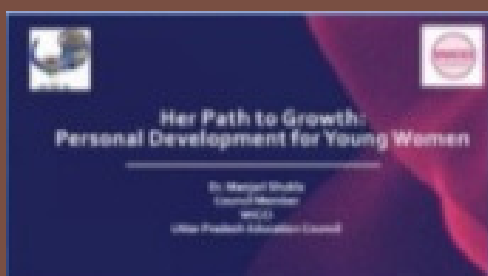
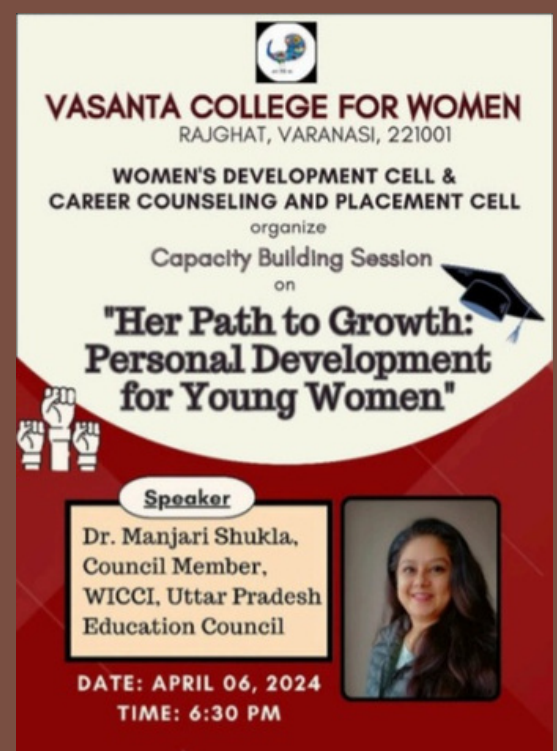
रूप रेखा महिला विकास प्रकोष्ठ की समन्विका एवं राजनिति विज्ञान विभाग की अध्यक्ष प्रो प्रीति सिंह ने प्रस्तुत किया। इस दौरान महिला विकास प्रकोष्ठ की इ - पत्रिका 'रेजिडेंट व वैरियर' का भी विमोचन किया गया। महिला संसद में प्रो संजीव कुमार, वसंत महिला महाविद्या, राजघाट, वाराणसी एवं प्रो अलका राणा गुप्ता, अध्यक्ष, राजनिति विज्ञान विभाग, उदय प्रताप कालेज, वाराणसी निर्णायक रहे। चुनावी भाषण प्रतियोगिता में डॉ अंजना सिंह तथा प्रो सौरभ सिंह निर्णायक रहे। कार्यक्रम के समापन के समय सर्वश्रेष्ठ प्रस्तुति को पुरस्कार विवरित से हुआ। कार्यक्रम का संचालन डॉ मनीष मिश्रा, डॉ रचना पांडे, डॉ पुनीता पाठक एवं डॉ योगिता बेरी ने किया। इस कार्यक्रम में प्रो विभा जोशी, डॉ आकाश त्रिवेदी, डॉ प्रतीक सिंह, डॉ जितेंद्र लालवानी, डॉ अनामिका सिंह एवं डॉ संदीप पांडे उपस्थित रहे।

मोरजापुर (ख)
रविवार की रात में
अहम पास अ
विन्ध्यवासिनी का
यात्री की फेर
रामुदाकि स्वाम
डिवाइडर से ठक
यात्री गंधीर सप
डिवाइडर मिर में स
एक पुरुष जो की
से उन्हें होठों पर
आई है स्थानीय
फरजान में फावला

Highlights of the Women's Development Cell



Capacity building session on "Her path to Growth : Personal Development For Young Women" (6th April, 2024)

A Capacity Building Session on "Her Path to Growth : Personal Development for Young Women" on 6th April, 2024 in the online platform of Zoom. The session aimed to make women aware about their worth. The respected speaker was Dr. Manjari Shukla, Council Member, WICCI, Uttar Pradesh Education Council. Various suggestions were given to women as to how can they empower themselves and make their lives better. Stress was given on improving not only physical but also mental health.




Workshop on Cyber Security (7th November – 9th November, 2023)

A Cyber Security Workshop was conducted from 7th November, 2023 to 9th November, 2023 through Google Meet. The workshop stived to provide a holistic understanding of both technical and legal dimensions of cybersecurity. This made the students were made aware of Cyber Security Technical aspects and Cyber security legal aspects.




SPEAKERS





Mr. Chinmoy Pratim Borah
Working at Protaqnia | CEH |
Penetration Tester | Cyber
Security Enthusiast

Feedback

CYBERSECURITY IS A REAL CONCERN, NOW A DAYS CYBER-CRIMINALS ARE CRAFTING A LOT NEW TECHNIQUES TO HACK SOMEONE OR TO DO SOMETHING FRAUD, HAVING A BASIC KNOWLEDGE IN CYBER-SECURITY CAN TACKLE THESE TYPE OF PROBLEMS. I WOULD LIKE TO THANK AND APPRECIATE ADORE FOR ORGANISING SUCH A BEAUTIFUL AND INFORMATIVE EVENT AND INVITING ME AS A GUEST SPEAKER. LOOKING FORWARD TO DO SUCH EVENTS WITH ADORE IN FUTURE.

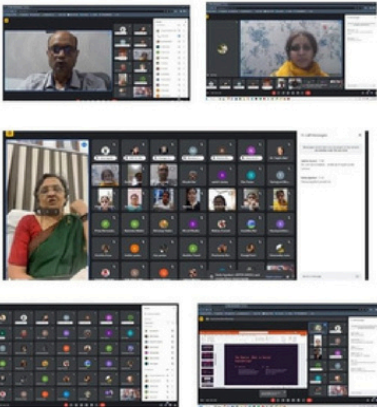




ADVOCATE APOORVA THAKUR
NABET CERTIFIED SOFT SKILLS TRAINER AND
IMAGE CONSULTANT | LEGAL PROFESSIONAL |
MENTORING JUDICIARY-ASPIRANTS | POSH &
DEIB CONSULTANT



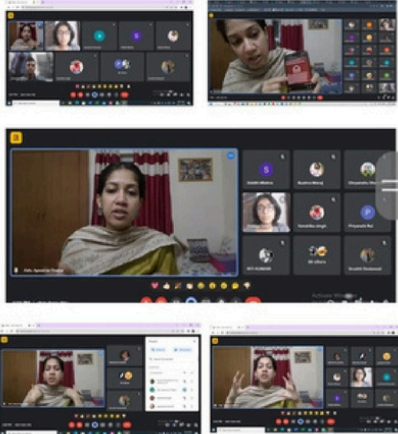
SESSION AT GLIMPSES



Day 1



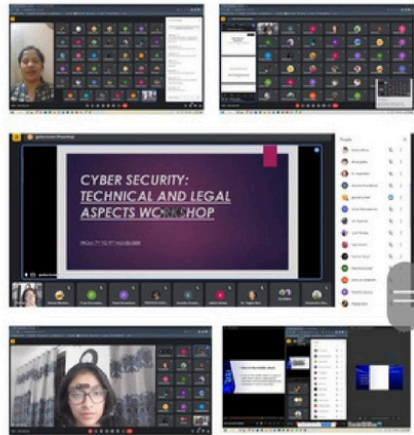


Day 2





Day 3



One-Day Workshop On Gender Sensitization (6th November, 2023)

One day workshop was conducted on the topic, "Gender sensitisation : A Clarion Call for Today" on 6th November, 2023 at the College Assembly Hall. The objective of the workshop was to broaden the perspective about gender issues . The workshop thus helped the students to become aware about gender issues and became more sensitised towards it.



Varanasi, Uttar Pradesh, India
82HR+GCH, Raighat, Varanasi, Saray Mohana, Uttar Pradesh 221001
Lat 25.328746°
Long 83.041089°
06/11/23 01:59 PM GMT +05:30



Varanasi, Uttar Pradesh, India
82HR+FFC, Raighat, Varanasi, Saray Mohana, Uttar Pradesh 221001, India
Lat 25.328717°
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06/11/23 02:00 PM GMT +05:30

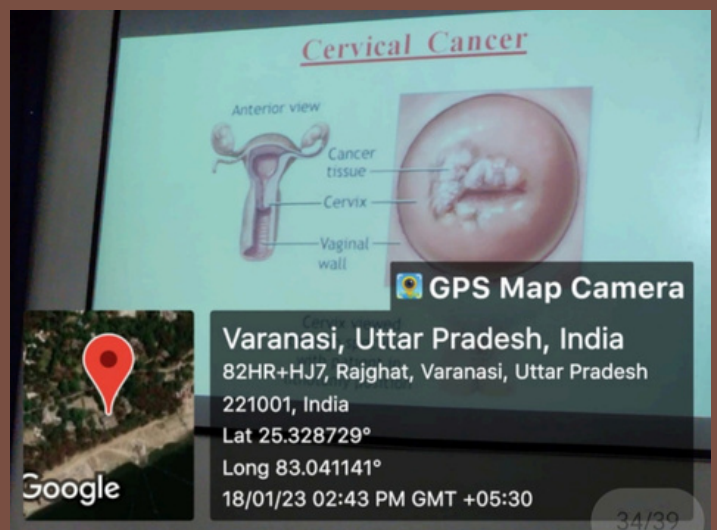
International Women's Day 2023 'Breaking The Silence'

'Breaking the Silence' was a cultural event organised on the occasion of International Women's Day (2023). The event included presentations by students, who interpreted the medium through posters, dance and poetry.



Health Talk (18 January, 2023)

A health talk was organised on 18th January to make students aware of cervical cancer and its preventative vaccine.



'Shades of Womanhood' (Women's Day, 2022)

'Shades of Womanhood' was a Women's Day celebration on the occasion of International Women's Day 2022. The events included Poetry Recitation, Collage and Poster Making and Mono- Acting and their presentations.



Career Development Workshop

(17th-25th January, 2022)

Adore India in collaboration with the Women's Development Cell & Student Research Development Cell under the aegis of IQAC has successfully organized Career development Workshop from 17th-25th January, 2022. The main objective of the workshop was to improve personalized development, to create resumes that get attentions and results, to ace the job interview and build trustworthy relations at a workplace. The workshop was attended by various students of the college.

ADORE India
in collaboration with
Women's Development Cell & Student Research Development Cell
Vasanta College for Women,
(Affiliated to the Prasthara of Banarus Hindu University)
KPI, Raghur Fort, Varanasi

organizes

CAREER DEVELOPMENT WORKSHOP
17TH TO 25TH JANUARY 2022
4:00-5:30 PM
ONLINE PLATFORM (ZOOM)

ABOUT THE WORKSHOP

TOPICS TO BE COVERED

- Resume Building
- Interview Skills
- Corporate Etiquette & Dressing
- Entrepreneurship Development
- Workshop: Trial to profession
- Personality Development
- Professional Networking

OBJECTIVES

- Improve your personal development
- Create resumes that get attention and results
- Learn to connect with professionals and establish online presence
- Ace the job interview
- Build trustworthy relations at a workplace

Who may attend the workshop?
The workshop is planned for the students of Vasanta College for Women, Raghur Fort, Varanasi. Students of the B.A. & B.Com & B.B.A. may join the workshop.

How to Register?
There is no Registration Fee. Information regarding process of registration will be shared in the Workshop WhatsApp Group. It is mandatory for all the participants to join the WhatsApp Group. Certificates will be provided to all those who fulfill the eligibility criteria.

ORGANIZERS

Workshop Coordinators

- Ms. Divya Anand, Coordinator, Adore India
- Ms. Ziya Saifi, Coordinator, Adore India
- Dr. Preeti Singh, Coordinator, Women's Development Cell
- Dr. Raju Kumar, Coordinator, Student Research Development Cell

Workshop Organizers

- Dr. Preeti Singh, Principal, Vasanta College for Women, Raghur Fort, Varanasi
- Dr. Nisha Khatun, Member, Women's Development Cell

ADORE INDIA
in collaboration with
VASANTA COLLEGE FOR WOMEN
presents

CAREER DEVELOPMENT WORKSHOP
INAUGURAL SESSION

January 17, 2022
3:45 to 4:15 PM
Facebook Live

Beginning of the Session
Dr. Preeti Singh, Coordinator, WDC, Vasanta College for Women, Raghur Fort

Welcome Address
Prof. Alka Singh, Principal, Vasanta College for Women, Raghur Fort

Introduction of Adore India
Ms. Divya Anand, Coordinator, Adore India

About the Workshop
Ms. Ziya Saifi, Workshop Coordinator, Adore India

Commencement of Workshop

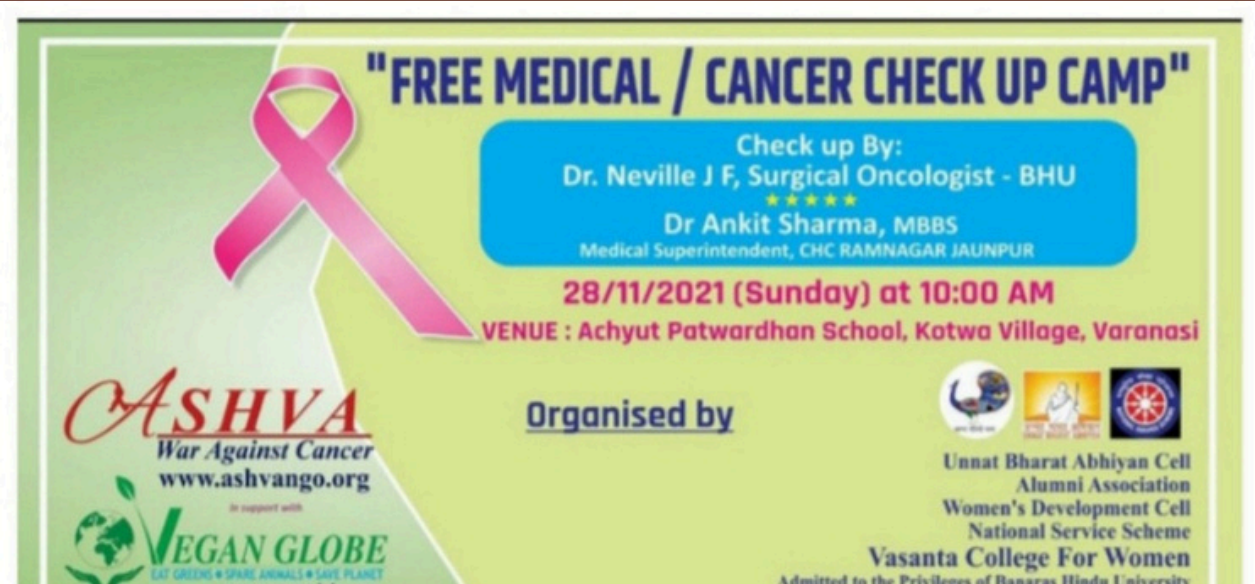
Alka Singh

Kanishka (Adore India)

Sneha Raj

Cancer Check Up Camp (28 November, 2021)

A free medical/Cancer Check up Camp was organised jointly to create awareness by Women's Development Cell, Alumni Association, Unnat Bharat Abhiyan Cell and National Service Scheme of Vasanta College for Women, Rajghat, Varanasi at Achyut Patwardhan School, Kotwa village and it was facilitated by Dr. Neville J.F. and Dr. Ankit Sharma.



"FREE MEDICAL / CANCER CHECK UP CAMP"

Check up By:
Dr. Neville J F, Surgical Oncologist - BHU
★★★★★
Dr Ankit Sharma, MBBS
Medical Superintendent, CHC RAMNAGAR JAUNPUR

28/11/2021 (Sunday) at 10:00 AM
VENUE : Achyut Patwardhan School, Kotwa Village, Varanasi

Organised by

ASHVA
War Against Cancer
www.ashvango.org
In support with
VEGAN GLOBE
EAT GREENS • SPARE ANIMALS • SAVE PLANET
www.veganglobe.org

Unnat Bharat Abhiyan Cell
Alumni Association
Women's Development Cell
National Service Scheme
Vasanta College For Women
Admitted to the Privileges of Banaras Hindu University
KFI Rajghat, Varanasi



Student Development Programme on "Women Entrepreneurship: Challenges and Opportunities in Present Times" (24th November, 2021)

Women's Development Cell, Vasanta College for Women, Rajghat, Varanasi in association with ICFAI Business School has organized Student Development Program on the topic "Women Entrepreneurship: Challenges and Opportunities in Present Times" on 24th November, 2021. Lecture was delivered by Prof. Arun K Kaul (Faculty member, IBS Gurgaon). The program was attended lots of students from different departments of the college.

The slide features the IBS logo and a 25th anniversary emblem. It welcomes all students to the SDP on the topic "Women Entrepreneurship". The speaker is identified as Mr. Arun K Kaul from ICFAI Business School-Gurgaon. The date is November 24th, 2021. On the right side, there is a vertical strip showing a Zoom meeting interface with several participants' video feeds.

IBS®
AI BUSINESS SCHOOL

Excellence in Business Education 25th

Welcome
All Students To
Student Development Program (SDP)
on the topic
"Women Entrepreneurship"

Speaker – Mr. Arun K Kaul
(ICFAI Business School-Gurgaon)

Date- November 24th, 2021

The poster includes the IBS logo and a photograph of the Vasanta College building. It provides details about the program, the speaker, the date, timing, Zoom meeting ID, and passcode. A list of faculty members is provided on the right.

IBS®
AI BUSINESS SCHOOL

Student Development Programme on "Women Entrepreneurship: Challenges and Opportunities in Present Times" organized by Women's Development Cell, Vasanta College for Women, Rajghat, Varanasi in Association with ICFAI Business School

**"Women Entrepreneurship :
Challenges and Opportunities
In Present Times"**

Speaker
Prof. Arun K Kaul
Faculty Member
IBS Gurgaon

Prof. Alka Singh
Principal
Vasanta College for Women

Dr. Preeti Singh
Coordinator, WDC
Vasanta College for Women

Dr. Yogita Beri
COO- Coordinator, WDC
Vasanta College for Women

Dr. Rachna Pandey
Member of WDC
Vasanta College for Women

Dr. G. Thavasi Murugan
Member of WDC
Vasanta College for Women

Date : 24th Nov 2021 (Wednesday)
Timing: 02:45 PM - 04:00 PM
Zoom Meeting ID: 969 3134 1274
Zoom Passcode: 758835

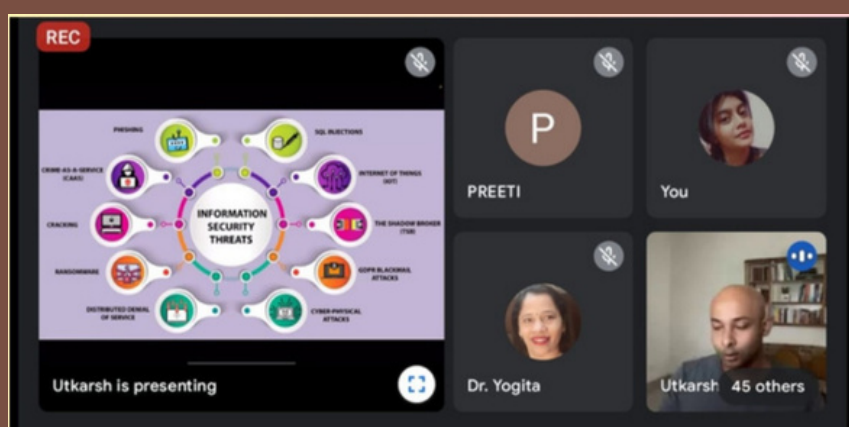
www.ibsindia.org

Celebration of Azadi Ka Amrit Mahotsava (25th September, 2021)

E-Quiz Competition was jointly organized by Women's Development Cell & The Department of Political Science under the aegis of IQAC on the topic 'Role of Women in the Indian National Movement & Constitutional Development' on 25th September, 2021 to celebrate 'Azadi ka Amrit Mahotsava'.

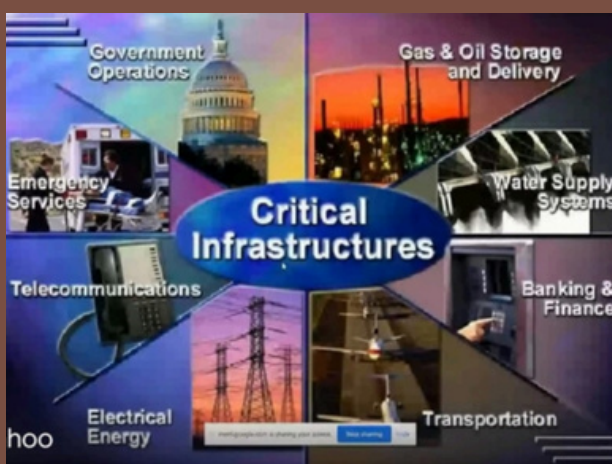
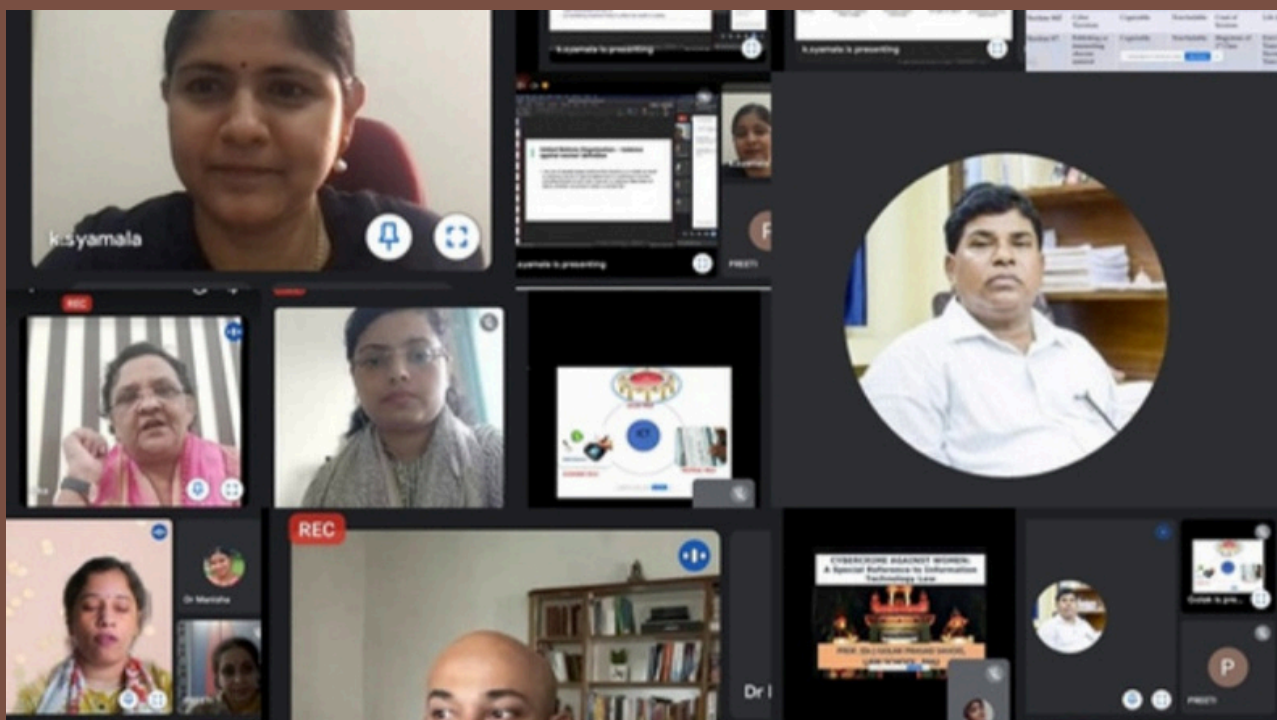


One Day Legal Awareness Workshop on "Legal Provisions & Protective Measures for Women" (29th July, 2021)



One Day Legal Awareness Workshop was organized by Women's Development Cell on the topic "Legal Provisions & Protective Measures for Women" on 29th July, 2021. The workshop aimed at making students aware about the legal provisions and safeguards for women. It also provided information as of to empower the youth of our country with the knowledge of their legal rights and duties, ultimately to be able to share power equally, gain full access to the means of development. The workshop was divided into three sessions. The first session was on the topic "Cyber Crime Against Women: Special Reference to Information Technology Act". The lecture was delivered by Prof. G.P. Sahoo (Faculty of Law, BHU, Varanasi)

The second session was on the topic "The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013". The lecture was delivered by Dr. K. Syamala (Associate Professor cum-Director (Research & Training), National University of Study and Research in Law, Ranchi). The third session was on the topic "Manipulating Your Society-Glimpses of Security Threats in the Modern World and Things You Can't Do About It" and the lecture was delivered by Mr. Utkarsh Verma (Software Engineer, Infosys, Pune). Many students became a part of this session.



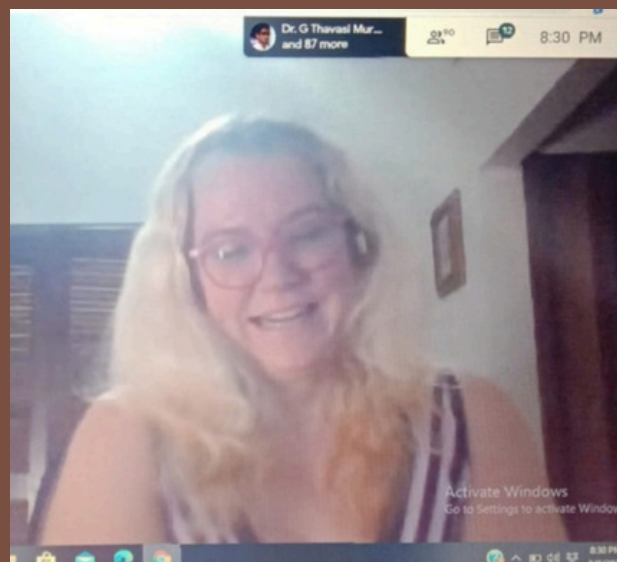
Celebration of International Women's Day (8th March, 2021)

Women's Development Cell has celebrated International Women's Day on 8th March, 2021. The event was attended by various students from different departments of our college.



International Web-Talk on "Rethinking Gender and Human Security: A Global Perspective"

(8th August, 2020)



International Web-Talk was auspiciously organized by Women's Development Cell on the topic "Rethinking Gender and Human Security: A Global Perspective " for our college students on 8th August, 2020. The main objective of the Web-Talk was to analyze women's position and challenges who are at the margin: The unheard voices of women refugees, women migrants, sex workers, health workers, women prisoners in the COVID 19 crisis and to create a meaningful dialogue on the need for a gender sensitive framework of human security. The Eminent speakers of the Web-Talk were Prof. Araceli Alonso (Co- Director of UNESCO Chair on Gender, Wellbeing and Culture of Peace, 4W Director of Gender, Health and Clinical Practice, Co-Director 4W-TREETS (Social Transformation to End Trafficking for Sex), Gender and Women's Studies, School of Medicine and Public Health, University of Wisconsin-Madison, US).

The second speaker was Prof. Anita Singh (Professor, Department of English, Banaras Hindu University & Co-Coordinator, Centre for Women's Studies and Development, FSS, Banaras Hindu University, Varanasi). The third speaker was Prof. Geeta Patel (Department of Middle Eastern & South Asian Languages & Cultures & Women, Gender & Sexuality Studies, University of Virginia, Charlottesville, US). The fourth speaker was Dr. Lindsey Churchill (Associate Professor of History & Director, Women's Research Center and BGLTQ+ Student Center & Program Director, Women's, Gender and Sexuality Studies, University of Central Oklahoma, US). The event was attended by a number of students and various faculty members from different universities of India as well as of Abroad.

वसंत महिला महाविद्यालय में ई-वार्ता का आयोजन

वाराणसी (सन्मार्ग)। वसंत महिला महाविद्यालय के महिला विकास प्रकोष्ठ के द्वारा अंतराष्ट्रीय ई-वार्ता का आयोजन रीथिंकिंग जेंडर एंड ह्यूमन सेक्युरिटी ए ग्लोबल पर्सपेक्टिव विषय पर किया गया। स्वागत उद्बोधन प्राचार्या प्रो. अल्का सिंह ने किया एवं डॉ. प्रीति सिंह, समन्वयक महिला विकास प्रकोष्ठ ने संबंधित विषय से सभी को अवगत कराया और विषय की गंभीरता को सबसे साझा किया। प्रथम वक्ता प्रो. अनिता सिंह ने अपने विचार में बुद्धन स्ट्रीट थिएटर की बात की जिसमें समाज में संकीर्ण सोच की शिकार औरतों को एक मंच दिया जाता है, जिससे वह



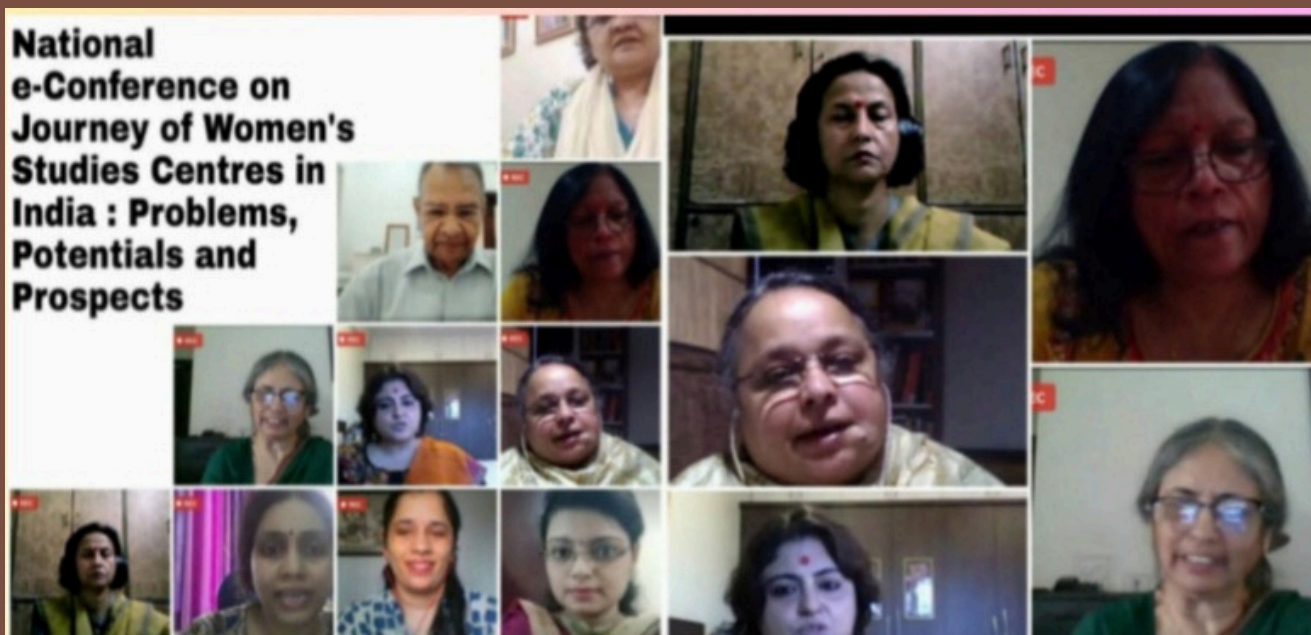
अपनी चेतना को जागृत करके समाज में अपने हक की मांग व जगह बना सकें। द्वितीय वक्ता प्रो.गीता पटेल ने अपने विचार में पेंशन सिस्टम की

बात साझा की जिसमें उन्होंने औरतों का श्रम बाजार द्वारा दोहन और उनके जीवन की स्थितियों से समाज में जेंडर उच्चतर व निम्नतर बदलाव आ रहे हैं। तीसरी वक्ता प्रो.अर्सली

अमेरिका से अपने विचार में महिलाओं की स्वास्थ्य समस्याओं और जेंडर में सतत विकास सिद्धान्त की बात की जिसमें तीन पुरुषों के मुकाबले मीडिया में एक औरत की चर्चा की जाती है, जो कि सोचनीय है। डॉ. लिंडसे चर्चिल अमेरिका से अपने विचार में कोरोना काल के कारण सेक्स वर्कर्स एवं सेक्स संबंधी समस्याओं और उनके निवारण के लिए उठाये गए कदमों को साझा किया। धन्यवाद ज्ञापन डॉ. योगिता बेरी ने किया। डॉ.रचना पाण्डेय व डॉ.जी. तावासी मुरगन ने सभी वक्ताओं का परिचय दिया और डॉ. संवेदना सिंह ने रिपोर्ट लेखन किया।

National e-Conference on "Journey of Women's Studies Centers in India": Problems, Potentials and Prospects" (4th-5th August, 2020)

Women's Development Cell has successfully organized a National e-Conference on the topic "Journey of Women's Studies Centers in India: Problems, Potentials and Prospects" from 4th-5th August, 2020. This workshop aimed at providing a forum to the scholars and practitioners of Women's Studies to reflect on challenges and opportunities for Women's Studies Centers in India and to explore the possibilities of networking and collaborations. The event was attended by several students from varied departments.





THANK YOU!